

SEEKING AUTISTIC PERSPECTIVES

RESEARCHERS ARE SEEKING AUTISTIC ADULTS* WILLING TO BE INTERVIEWED ABOUT THEIR EXPERIENCES OF PSYCHOLOGICAL THERAPY.

WE WOULD LOVE TO HEAR FROM YOU IF YOU:

- o Are aged over 18.
- o Have a formal diagnosis of 'Autism Spectrum Disorder', or have worked with a therapist with the understanding that you likely meet diagnostic criteria for Autism Spectrum Disorder.
- o Have previously participated in therapy for mental health concerns.
- o Are not currently in therapy.
- o Independently make your own medical decisions.

Participation is voluntary, and you can withdraw at any time without penalty. This project has been approved by the University of South Australia's Research Ethics Committee (Ethics Protocol 206017).

For more information please contact the principal researcher, Emma McQueen:
mcqej001@mymail.unisa.edu.au

Follow this link to participate:
bit.ly/4b4zNZk



PARTICIPATION WILL INVOLVE:

- o Completing an anonymous online survey to check that you meet inclusion criteria.
- o Providing contact details to be contacted for a screening telephone call.
- o Participating in a 15-minute screening call to identify if your therapy experience matches characteristics of Cognitive Behaviour Therapy (CBT), and ensure that you have the safety, technology, and the information you need to consent to participate in a recorded videoconference interview.
- o Participating in a 1-to-2 hour recorded videoconference interview, in which you will be prompted to share your lived experience of therapy.
- o Following completion of the interview, you will be compensated with \$50 for your time.

*This study uses identity-first language consistent with the research that suggests that it can be considered more neurodiversity affirming (Taboas et al., 2023). The researchers recognise that people can prefer to identify with person-first language.