



Dear Community Member,

We hope this message finds you well. We are excited to extend an invitation to individuals who have personal lived experience of mental ill health and who are passionate to use this lived experience to inform others in our communities and services, particularly from a CALD community perspective to join our Culturally and Linguistically Diverse (CALD) Special interest Group.

About Us: Ethnic Communities Council of Queensland (ECCQ) and The Mental Health Lived Experience Peak (MHLEPQ) in partnership are dedicated to fostering understanding, support, and awareness of mental health issues within diverse cultural contexts. We believe in the power of unity and collaboration to address the unique challenges faced by individuals and communities from different cultural backgrounds.

Why Join us?

1. Contribute to positive change by raising awareness of mental health issues within multicultural communities to the broader mental health system.
2. Engage with like-minded individuals who share a common goal of promoting mental health well-being and supports in diverse populations.
3. Develop insights into culturally sensitive approaches to mental health advocacy and support systems.

Who We're Looking For:

We invite individuals who are:

- Passionate about mental health advocacy
- Committed to promoting diversity and inclusion
- Willing to collaborate and share experiences
- Open to sharing about cultural nuances in mental health
- Empathetic and understanding of diverse perspectives

How to Apply: If you are interested in joining our CALD Mental Health Group, please submit an Expression of Interest by 5 May. Your expression should include the following:

1. A brief introduction about yourself and your background
2. Your motivation for joining the CALD Mental Health Group
3. Any relevant experiences or skills you bring to the group
4. Ideas or initiatives you would like to contribute to the group

Please send your Expression of Interest to advocacy@eccq.com.au or timi@mhlepq.org.au with the subject line: "CALD Special Interest Group Application - [Your Name]."

Next Steps: Shortlisted candidates will be contacted for a virtual interview to discuss their interest further.



We believe that together, we can make a meaningful impact on mental health awareness and support about multicultural communities. Thank you for considering this opportunity, and we look forward to receiving your Expression of Interest.

Best regards,

A handwritten signature in black ink, appearing to read 'Lisa Ward'.

Lisa Ward

Chief Executive Officer, ECCQ

A handwritten signature in blue ink, appearing to read 'Jorgan Gullestrup'.

Jorgan Gullestrup

Chief Executive Officer, MHLEPQ