

Shifting minds

The Queensland Mental Health, Alcohol and Other Drugs, and Suicide Prevention Strategic Plan 2023–2028

Expression of interest: Consultation on a monitoring and evaluation framework

The Queensland Mental Health Commission (the Commission) invites people with lived/living experience (including their carers or family members) for a conversation to support the Queensland Government to evaluate the impact of implementing *Shifting minds: The Queensland Mental Health, Alcohol and Other Drugs, and Suicide Prevention Strategic Plan 2023-2028 (Shifting minds)*.

Who are we looking for?

People with lived/living experience

We are seeking individuals (aged 18 and over) with a lived/living experience of mental ill-health, experiences of psychological distress, suicidality, or harms from alcohol and other drug use. We are also wanting to hear from carers or family members (or kin) with experience of caring for someone with mental ill-health, psychological distress, suicidality or harms from alcohol and other drug use.

We are hoping to speak with people who reflect the diversity of the Queensland community, including people from LGBTIQ+, First Nations, culturally and linguistically diverse, and rural and regional communities.

We are interested to hear from people with lived/living experience who would enjoy exploring and suggesting key questions we could ask to understand whether we have achieved the objectives within *Shifting minds*. These objectives are broad ranging and relate to work across health and human social services (this includes services for people who are unwell or experiencing psychological distress to services and programs that help keep people well in settings like families, schools, workplaces, justice, and communities).

About *Shifting minds*

Shifting minds is a whole-of-government plan to improve the mental health and wellbeing of all Queenslanders and reduce the impact and harms related to alcohol and other drug use, and suicide. It sets out the vision, guiding principles, directions and priorities for action that will provide the basis for reform over the next five years. As a strategic plan it can be used to guide policy setting, investment, system planning and service development. *Shifting minds* will be implemented through a range of Queensland Government agencies in collaboration with cross-sector partners including most importantly with people with a lived/living experience.

Monitoring and evaluation framework

The Commission has engaged Nous Group to develop a monitoring and evaluation framework to guide how Queensland Government will measure and evaluate the outcomes and impact of implementing *Shifting minds*. We want to find out whether *Shifting minds* makes a real difference to the mental health and wellbeing of Queenslanders.

What to expect

There will be a series of five sessions (of 3-4 hours duration) to be held over several days during late November and early December. The sessions will be held in-person during business hours at a Brisbane city location.

Once we have reviewed all applications, we will confirm your involvement by email (there will be a maximum of 20 invitees).

The session will be facilitated by staff from Nous Group alongside a person with lived/living experience. Participants will listen and engage with activities to provide context and participate in small group discussions which will be scribed.

We are interested in your opinions and ideas about what questions we need to ask to ensure we measure change at a broader system-level (rather than at an individual, or organisational, or service-level). Information gathered from the session will be de-identified and we will not be using any individual or personal information.

Participants will be paid for their attendance in accordance with the Commission's [Paid Participation Policy](#). Participants who are joining as representatives of an organisation or in a paid lived/living experience role will not be eligible for payment.

Application process

Complete the application form by clicking the link [here](#) (or copy and paste this address into your web browser <https://forms.office.com/r/zhyBzi1QZb>). **Applications must be received no later than Friday 10 November 2023.**

The expression of interest application will invite you to share:

- How your experience, knowledge, interests, abilities, or personal qualities have led to your interest in partnering with us for this consultation session.
- Whether you identify with any of the following: LGBTIQ+, culturally and linguistically diverse, person with a disability, First Nations, living in a regional or rural location.
- Any accessibility requirements you may have (for example access to venue, vision, sound).

Any information we collect from you is treated confidentially and only viewed by staff involved in the project. We will contact you by email to confirm your attendance.

Need more info?

Contact the Commission at Shiftingminds@qmhc.qld.gov.au or by phone on 1300 855 945.

