

Board Director – Lived/Living Experience

The Opportunity

Stride Mental Health (Stride) is seeking a **Director** with personal Lived/Living Experience of mental ill health, service use and healing/personal recovery to enhance its existing Board. This presents an exciting opportunity to join a significant and growing not-for-profit with a powerful legacy and promising future.

Stride Mental Health is Australia's longest-serving national mental health organisation (over 116 years of continuous service) that was founded as Aftercare in 1907 by Emily Paterson.

We are a **specialist mental health organisation** working in partnership with individuals, their families and carers, and with other organisations to provide and co-ordinate complex support so that people will lead fulfilling lives each day. Stride offers early intervention with children, young people, and families to reduce the lifelong impact of mental ill health for the next generation. We not only offer our own early intervention facilities (including regional and rural areas) but Stride is also the largest operator of headspace centres nationally. Read more at stride.com.au. Stride has an extensive lived experience workforce and the Board is committed to include the lived experiences of consumers and carers in its governance framework.

The demands for our services and support are growing and we are well-positioned to make an even-more-significant impact on the lives of Australians experiencing mental ill health.

We are seeking a Director who has demonstrated expertise and experience in governing not-for-profit entities through the lens of personal Lived/Living Experience. In addition to their Lived Experience, Stride is particularly interested in Directors who:

- have strong mental health sector knowledge (for example public sector health mental health service delivery, clinical service delivery)
- represent and/or participate in Lived Experience networks in the ACT or regional New South Wales, Queensland, Tasmania, or Victoria.
- can relate closely to our Purpose (<https://stride.com.au/about/our-mission-impact/>) and Values (<https://stride.com.au/about/our-values/>)

All Board Directors are expected to exhibit the technical and behavioural attributes and traits required to be an effective part of a Board and also possess the strong governance skills required to contribute as Non-Executive Directors of a National Organisation.

Commitment

- You will be appointed Non-Executive Director of Stride Mental Health Limited.
- Non-Executive Directors attend six regular Board meetings per annum during working hours – about half the meetings are in Sydney and the remainder at sites across NSW and Qld. There may be additional meetings from time-to-time e.g., strategy planning day or ad hoc meetings regarding specific issues.
- Directors also serve on one or two Board committees which meet for about two hours every second month.
- Face to face Board meetings are essential whilst teleconferencing is generally possible for some Board Committee meetings.
- We seek individuals who are driven by a desire to serve and **make a difference**. Adherence to Stride's values and a Board Code of Conduct is expected.

Remuneration

Stride Board Directors are remunerated for their services as per the recommendation of an independent adviser and approved by the Company's Members.

Applications and Questions

To express interest or apply please forward your CV and cover letter to the Company Secretary by email at company.secretary@stride.com.au.

Close of applications extended to 15 November 2023

To seek further information please contact the same email address.

Note that:

- 1) vaccination against COVID-19 is a requirement for all positions and is in accordance with Stride policy.
- 2) you will be required to complete relevant compliance checks and disclosures as part of the recruitment process.
- 3) Stride is an inclusive workplace and we encourage applications from diverse backgrounds. This includes but is not limited to people with a lived-experience of mental health recovery, Aboriginal and Torres Strait Islander people, people from culturally and linguistically diverse backgrounds, LGBTQIA+, and people with disabilities.