

## ENGAGING WITH LIVED EXPERIENCE THROUGH THE MENTAL HEALTH LIVED EXPERIENCE PEAK QUEENSLAND

### WHO ARE WE?

The Mental Health Lived Experience Peak Queensland (MHLEPQ) is the Peak Body for mental health consumers in Queensland. We provide collective advocacy and systems advice on behalf of past, current and future mental health consumers. The MHLEPQ was established with funding from Queensland Health and is currently contracted with the Community Services Funding Branch to facilitate lived experience engagement and systems advocacy for the Queensland government.

### WHAT DO WE DO?

We are here to inform, advocate and influence systemic change guided by our lived experience expertise. We seek a mental health system where human rights are respected, and people are seen in their entirety including their culture, context, and complexity.

We believe that especially those often unseen and unheard in the mental health system deserve to be seen and heard. The MHLEPQ has a specific duty to advocate on behalf of those who are marginalised and disadvantaged.

### HOW TO ENGAGE LIVED EXPERIENCE

Depending on the needs of your project, you can engage with members that are representative of the wider lived experience community or members who will speak directly from their own personal lived experience.



The connection process followed by the MHLEPQ will vary depending on the nature of lived experience input your project requires.

You can complete the online *Engagement Request Form* directly by [clicking here](#).

If you would like to discuss options and details for your project before completing the engagement request form, you can contact our engagement leads by emailing [engagement@mhlepq.org.au](mailto:engagement@mhlepq.org.au)

The MHLEPQ engagement process is preferably four weeks from completing the online Engagement Request Form. If your request is more urgent, please contact the engagement leads after completing the Engagement Request Form.

## **FUNDING AND PAID PARTICIPATION**

The engagement process is fully funded for any Queensland Government services or agencies, however, there is an expectation from consumers providing you with lived experience expertise that they will be compensated for their time and effort. For non-Queensland Government agencies, the MHLEPQ reserves our right to be compensated for our work connecting you with lived experience expertise.

## **TIPS FOR OUR SUCCESS TOGETHER**

The MHLEPQ are experienced in working alongside Lived Experience Members and happy to work with you to develop a personalised approach to best meet your project outcomes.

We look forward to working with you.

