



Communique':

Mental Health Lived Experience Peak Queensland (MHLEPQ) Member Meeting 15th March 2023

A member meeting was held on 15th March 2023. This was the first official member meeting of the MHLEPQ held at our offices at Shop 4, 67 Astor Terrace, Spring Hill. Members also attended virtually, by Teams. The meeting was attended by 12 members, three in person and nine by Teams.

The members heard reports about the purpose of the MHLEPQ and the establishment process to date. Reports were also provided about past activities including a submission to the Queensland Parliament Mental Health Select Committee Inquiry; current work with Queensland Health developing a restrictive practices policy document; and work on a MHLEPQ coercive practices position statement.

MHLEPQ currently have 84 members and a further 34 have applied for membership awaiting admission.

The Meeting decided that the MHLEPQ key activities are to:

- Grow the Membership.
- Organise member meetings quarterly (hybrid meetings to facilitate regional participation).
- Send out Bi-monthly newsletters and monthly updates.
- Urgently establish a social media presence.
- Establish Lived Experience Advisory Groups to conduct deep dives into important topics, both in response to requests and proactively according to need.
- Develop a policy and position platform informed by the members.

- Develop its advocacy capability.
- Facilitate interested members becoming Lived Experience representatives on boards and committees.
- Support Lived Experience Representatives.
- Collaborate with other consumer peaks across Australia and with other peaks (such as ARAFMI, HCQ, QLEWN, and QAMH) around common causes.

The members identified key focus areas for the MHLEPQ:

- Coercive practices in mental health care
- Psychosocial safety for peer workers
- Co- and multi-morbidities in mental health care
- Cultural Safety in mental health care
- Social determinants for mental ill-health and suicidality
- Culture of Care: improving mental health service organisational culture

The next meeting: Wednesday 21 June 2023, MHLEPQ Offices Shop 4 / 67 Astor Terrace, Spring Hill or by Teams.