

A connected community of lived experience advocates contributing to real systemic **change.**

We're committed to making a difference through our shared experiences, and vision

**FOR A
BETTER
FUTURE.**

**CONNECT
WITH US**



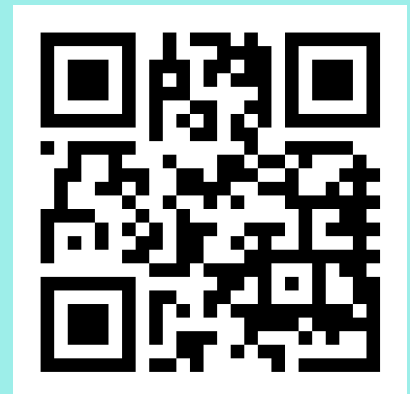
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WHO ARE WE?

The Mental Health Lived Experience Peak Queensland (MHLEPQ) is the Peak Body for mental health consumers in Queensland. We provide policy advice and systems advocacy for consumers of mental health services of all ages in Queensland.

MAKING CHANGE HAPPEN

We take action and contribute to change. We facilitate shared growth and learning opportunities to support and strengthen confidence and comfortability to advocate in our own lives, and systemically.

FOR ALL QUEENSLANDERS WITH A LIVED EXPERIENCE

Especially those often unseen and unheard. We support those who have been silenced to stand up and speak out through empowerment, support, and connection.

WHAT DO WE DO?

We are here to advocate for and influence systemic change that is guided by our lived experience expertise, with a vision of a mental health system every Queenslanders deserves. We embody the principles of equity, access, cultural-safety, and Human Rights, in all our actions, advice, and advocacy.

GET INVOLVED

LIVED EXPERIENCE MEMBER OR FRIEND OF THE PEAK

Join the Mental Health Lived Experience Peak Queensland community and contribute to positive systemic change in the Queensland mental health sector.

BE HEARD!